

Suite 310 - 1385 West 8th Avenue, Vancouver, BC, Canada, V6H 3V9 ph: 604.689.7644 + fax: 604.689.7645 + www.almadexminerals.com

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ALMADEX MINERALS LIMITED GRANTS STOCK OPTIONS

VANCOUVER, B.C. Almadex Minerals Limited ("Almadex" or the "Company") (TSX-V: AMZ) announces that, pursuant to its Stock Option Plan, it has granted stock options to certain officers, directors, employees and consultants of the Company to purchase an aggregate 845,000 common shares in the capital of the Company at an exercise price of \$0.16 per share for a period of three years.

About Almadex

Almadex Minerals Limited is an exploration company that currently has over 20 properties in its portfolio at various stages of exploration as well as over 20 NSR royalties on projects managed by other companies. This strong portfolio is the direct result of over 35 years of prospecting and deal-making by Almadex's predecessor company, Almaden Minerals Ltd.

On behalf of the Board of Directors,

"Morgan Poliquin"
Morgan J. Poliquin, Ph.D., P.Eng.
President, CEO and Director
Almadex Minerals Ltd.

Neither the TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release.

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